Recreation





Registration opens February 25

Swim registration opens: Spring: February 25 at noon Summer: May 6 at noon



Rentals

Rent Norfolk County Facilities

Norfolk County has many facilities and spaces available to rent for sporting activities, meetings, parties, and special occasions.

Visit <u>norfolkcounty.ca/Rentals</u> or call 519-426-5870 extension 1016# or email <u>facility.bookings@norfolkcounty.ca</u> to learn more.

72-Hour Ice Rental Discount

Save money and get active: book last-minute ice time for skating, hockey and figure skating at a 30% discount. Follow these three easy steps to book:

1. Find available ice online, in person or by phone:

- Online: Check upcoming ice availability online using <u>ENCORE</u>
- In-person: visit the Simcoe Recreation Centre Customer Service Desk (check operating hours)
- By phone: call Recreation Customer Service

2. Book available ice in person or by phone:

- In-person: visit the Simcoe Recreation Centre Customer Service Desk (check operating hours)
- By phone: call Recreation Customer Service
- 3. Pay for your ice time.

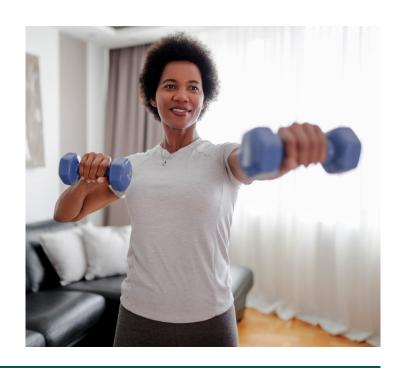
Show up at your booked time and have fun!

Rent from the Gear Shop

Try a new activity before investing in the gear

Residents can borrow a wide range of sports and leisure items, including hand weights, Pilates weighted exercise balls, Nordic walking poles, snowshoes, outdoor pickleball nets, lifejackets and more.

Weekly rental fees are \$5.25/item (plus HST). Equipment must be picked up and dropped off at the Simcoe Recreation Centre. To learn more, visit NorfolkCounty.ca/GearShop, or book your gear now through ENCORE.



Child and Youth4	Aquatics10
Teens and Adults6	Drop-in Swimming 10
Seniors7	Drop-in Swimming Schedule 11
Pickleball8	Become a Lifeguard 12
Arenas and Skating9	Advanced Leadership
	3 mining 2000 no ni

Welcome to the Norfolk County Spring Recreation Guide!

This year, we're excited to bring you a guide focused solely on spring activities. While this edition may be smaller, it is packed with programs and activities open for registration in February, along with many drop-in programs you can join anytime. From swimming lessons to PA Day camps to pickleball, there's something for everyone to enjoy.

Keep an eye out for our Summer Recreation Guide in April, which will include summer camps, programs, events, and activities happening from June to August. It will also feature information about trails, parks, facility rentals, and more.

If you haven't visited our new website at NorfolkCounty.ca/Recreation, be sure to check it out! We're confident you'll find it easier to access drop-in programs and discover the many ways you can get active.

Happy exploring!

Recreation Customer Service

Hours of operation (subject to change)

- Monday to Friday: 7:30 a.m. to 8:00 p.m.
- Saturdays: 9:30 a.m. to 5:30 p.m.
- Sundays: 8:30 a.m. to 2:30 p.m.



Phone: 519-426-5870 or 226-NORFOLK, extension 2233# during business hours.



Email: recreation@norfolkcounty.ca for general inquiries, or facility.bookings@norfolkcounty.ca for rental information.



In Person: Simcoe Recreation Centre, 182 South Drive, Simcoe, during business hours.



Online: NorfolkCounty.ca/Rec or login to your ENCORE account to register for programs, book facilities and more.

Financial assistance for sports, art and dance

Being physically active is an important part of a healthy lifestyle. Norfolk County encourages all residents to participate in age-friendly, accessible, and inclusive recreation programs and activities regardless of their financial circumstances.

Norfolk County partners with agencies that may be able to assist families experiencing financial difficulties. To learn more, contact our Recreation Customer Service team.

This guide is accurate as of February 6, 2025. Visit NorfolkCounty.ca/Rec for the latest information.

Child and Youth

Playnasium

Open gym for toddlers and preschoolers (10 months to 4 years) to engage in active play and develop movement skills. Supervision required.

Simcoe Recreation Centre, Multi-Purpose Floor

- Fridays, March 7 to May 30 (excluding March 14, April 11 and April 18)
- 9:00 a.m. to 10:00 a.m.
- \$5.25 Drop In Fee

Sports & More

Supervised sports and games for ages 6-12. Preregistration required; adults must sign participants in and out.

Waterford District High School

- Fridays, March 21 to May 9 (excluding dates April 11, April 18)
- 6:00 p.m. to 7:00 p.m.
- \$27.25

Mini Sports & More

Instructor-led program for children 4-6 to learn basic sports skills like throwing, catching, kicking, and shooting.

Simcoe Recreation Centre, Multi-Purpose Floor

- Saturdays, March 29 to May 3
- 9:00 a.m. to 10:00 a.m.
- \$27.25

Indoor Floor Hockey

At the Simcoe Recreation Centre's Multi-Purpose Floor,

bring a hockey stick (or use one of ours), indoor shoes, and a water bottle. Staff will begin with warmup drills, followed by a half-court 4-on-4 game with 2-minute shifts. No previous experience required.

Jr. Indoor Floor Hockey

Players 7 to 9 years of age.

- Saturdays, March 29 to May 3
- 9:00 to 9:45 a.m.
- \$27.25

Youth Indoor Floor Hockey

Players 10 to 12 years of age.

- Saturdays, March 29 to May 3
- 10:00 to 10:45 a.m.
- \$27.25

Canadian Safety Council Babysitter Training Course

For youth 12 or turning 12 within 6 months of the course's end. Both sessions required; 75% on the final exam for certification. Topics include child care, emergencies, prevention, and Basic First Aid.

Waterford Community Centre

- March 10 and 12
- 9:00 a.m. to 4:00 p.m.
- \$80.00

SOS 4 Kids! Home Alone Safety Program

This program helps children (9-12) build independence, covering street smarts, bike safety, accident prevention, and Basic First Aid.

Waterford Community Centre

- Tuesday, March 11
- 9:00 a.m. to 4:00 p.m.
- \$47.25

SOS 4 Kids! My Safe Life

For children (7-10) this program teaches life skills, bullying prevention, self-defense, and Basic First Aid to promote safe, respectful decision-making online and offline.

Waterford Community Centre

- Thursday, March 13
- 9:00 a.m. to 4:00 p.m.
- \$47.25



All underlined text links to more information!

PA Day Camp



PA Day Camp: Global Explorers

Campers will discover the outdoors during this PA Day Camp, participating in scavenger hunts, a trail walk; learning about biodiversity and how to protect our local environment and enjoy nature themed crafts and games.

Delhi Arena Multipurpose Room

- Friday, April 11
- 7:30 a.m. to 5:30 p.m.
- \$49.00

Teens and Adults



Discover Norfolk FREE Walking Group

Discover Norfolk County on guided walks, rain or shine. Pre-registration is recommended in the event of a program change.

 Saturdays, March 22 to May 17 from 10:30 to 11:30 a.m.

Locations and Dates

- March 22 Shadow Lake Trail, Parking at Washington and Alice Street
- March 29 Backus Woods, 1329 Concession Road 3, Port Rowan
- April 5 St. Williams
 Conservation, Park on
 Concession 6 off Forestry
 Farm Road

- April 12 Lynn Valley Trail at Memorial Park, 273 Owen Street, Simcoe
- April 19 Delhi Rail Trail
 1156 Fertilizer Road, Delhi
- April 26 Lookout Bluff Trail, Park on Turkey Point Road in front of welcome sign
- May 3 Spring Arbour
 Farm Nature Reserve 305
 Concession Road 7, Langton
- May 10 Hay Creek, Parking onsite 241 Port Ryerse Road, Simcoe
- May 17 Saudwinder
 Mountain BT, Mole Side road
 Parking Lot, Vittoria

Indoor Walking

Indoor Walking. Walk to stay active and have fun. Register at the Customer Service Desk. Clean, dry shoes required.

Simcoe Recreation Centre, Multi-Purpose Floor

- Mondays, Wednesdays and Fridays
- 9:00 to 11:00 a.m. and 4:00 to 5:00 p.m.
- \$2.00

TGIF Pick-up Basketball

Drop-in, pick-up basketball for all skill levels (14+)—a fun, fast-paced way to stay active and meet new friends.

Waterford District High School

- Fridays, March 21 to May 30 (excluding April 18)
- 7:00 to 9:00 p.m.
- \$5.25

Power 20: Cardio, Strength and Stretch

Is a 60-minute full-body workout. It includes: 20 minutes each of low-impact aerobics, strength training, core work and stretching. All fitness levels.

Simcoe Recreation Center

- Mondays, March 17 to June 30
- 5:00 to 6:00 pm
- Adults \$10.25
- Seniors \$8.25



Seniors



<u>Senior's Centre Without Walls:</u> Facts "n" Fun

This telephone-based program is FREE for adults 50+. Join us each week featuring a variety of trivia and games.

- Mondays, March 17 to June 23 (excluding April 21, May 19)
- 10:00 to 10:45 a.m.

<u>Senior's Centre Without Walls:</u> Stories

This telephone-based program is FREE for adults 50+. A mix of stories, speakers and local history will be featured each week.

- Thursdays, March 20 to June 26
- · 3:00 to 3:45 p.m.

Norfolk County 50+ Clubs

Join us for a variety of programs, social events and more! All are welcome.

Delhi Friendship Centre

Membership fee is \$25/year To learn more, call 519-426-5870 extension 2233# or visit NorfolkCounty.ca/DFC.

Simcoe Seniors' Centre at the Simcoe Recreation Centre

Membership fee is \$45/year

To learn more, call 519-428-LOVE (or 519-428-5683) or email simcoeseniors@hotmail.com.

Port Dover Seniors' Centre

Run by members since March 2022. Visit portdoverseniors.ca or contact info@portdoverseniors.ca for more info.

Port Rowan Seniors Social Club

Stop by for coffee or tea and enjoy activities like cards, games, and reading! Meet new people, have fun, and enjoy light refreshments. To learn more, call 519-426-5870 extension 2233#.

Pickleball



Norfolk has many multi-use outdoor courts for pickleball, tennis, and more. Scan QR code for details and locations.

Have you tried pickleball yet? It's an inclusive, fun, and easy-to-learn sport that has something to offer for every skill level and ability. Come with a friend, or make a new one on the court!

Beginner Pickleball

For beginners only. Learn to play or build your confidence. Staff will introduce inexperienced players to the game and facilitate equitable play.

Valley Heights Secondary School

- Wednesdays, March 19 to May 28
- 6:30 to 7:30 p.m.
- \$5.25 per participant

Delhi District Secondary School

- Thursdays, March 20 to May 29
- 6:30 to 7:30 p.m.
- \$5.25 per participant

14+ Pickleball

For recreational play only. Not for competitive or club play.

Valley Heights Secondary School

- Wednesdays, March 20 to May 28
- 7:30 p.m. to 9:30 p.m.
- \$5.25 per participant

Delhi District Secondary School

- Thursdays, March 20 to May 29
- 7:30 to 9:30 p.m.
- \$5.25 per participant

Simcoe Recreation Centre Pickleball

An inclusive evening open to families, adults and beginners. For recreational play only. Not for competitive or club play.

Simcoe Recreation Centre, Multi-Purpose Floor

- Mondays, March 17 to May 26
- 7:00 to 9:00 p.m.
- \$5.25 per participant

Pickleball Shinny

An informal "drop-in" pickup game for participants who organize game play themselves. Please bring your own paddles and balls, nets will be provided. Pre-registration or drop in.

Simcoe Recreation Centre, Multi-Purpose Floor

- Thursdays and Sundays, March 13 until May 26
- 1:00 to 3:00 p.m.
- \$5.25 per participant



All <u>underlined</u> text links to more information!

Arenas and Skating



Ready to hit the ice? Pre-register at NorfolkCounty.ca/ENCORE or drop in with exact cash. All participants must pay and wear skates. Visit NorfolkCounty.ca/Skating for details and schedules!

Skate	Cost/Skater	Ages
Parent & Tot	\$2	0 – 5
Public Skate	\$2	Any
18+ Skate	\$2	18+
15+ Sticks & Pucks	\$2	15+
Family Sticks & Pucks	\$2	0 – 14
15+ and Women's Shinny	\$5 General \$3 Age 65+	15+
Figure Skating Drop In	\$5 General \$3 Age 65+	Any



Book your child's skating birthday party

Let's throw a party! Our staff will take care of all the details to make your child's birthday party one to remember. To book your party, visit <u>ENCORE</u> or call 519-426-5870 or 226-NORFOLK, extension 2233#.

Aquatics - Drop-in Swimming

Swim Admission Standards

Swim admission standards increase the safety of young swimmers and provide an additional level of supervision. A wristband policy and facility swim test is in effect.

Red Wristband

- All children under 7
- · Shallow end only
- Must be arms reach of a responsible parent or guardian 14 years of age or older
- Maximum of 2 children per parent/guardian or 4 children per parent/guardian if children are in lifejackets

Yellow Wristband

- Children 7 to 10 years of age
- Shallow end only
- Must be arms reach of a responsible parent or guardian 14 years of age or older
- Maximum of 2 children per parent/guardian or 4 children per parent/guardian if children are in lifejackets
- Children 7 to 10 years may do the swim test

Green Wristband

- Children 7 to 10 years of age who have completed the swim test may swim in any area of the pool and without a parent/guardian.
- We suggest that the parent/guardian continue to swim with their child

Deep End Swim Test

To swim in the deep end, swimmers must complete the deep end swim test. To pass, swimmers must comfortably swim two widths of the shallow end on their front, without touching the bottom, and be able to put their face in the water while swimming.

Swim Descriptions

Pre-registration is recommended for all swims, walk-ins are welcome if space is available. See website or contact Customer Service for cancellation policy.

Lengths

The pool is divided into lanes for swimmers of all ages to swim lengths. Patrons must swim lengths. Children may attend if they keep a consistent pace within the lane and follow established lane etiquette.

Leisure

The pool is divided with one lane for swimmers to do lengths, four lanes are open for swimmers to swim freely. Adults and seniors only.

Lengths & Leisure

A portion of the pool is divided into lanes for swimmers to swim lengths of the pool, while the remainder of the pool is open to swim freely. Adults and seniors only.

Therapy Swim

Work on self-directed exercises in the warm water and enjoy the therapeutic benefits the water has to offer. Adults and seniors only.

Public Swim

Open to all ages for recreational swimming and enjoyment.
To receive the family rate call Customer Service.

Family Swim

Open to families only. ALL children must be accompanied in the pool by an adult. To receive the family rate call Customer Service.

Preschool Playtime

Parents/caregivers can bring their preschoolers, 5 years of age or younger. Siblings older than 5 years can also attend. Not an instructor-led program.

Aquafit

Instructor-led program for all ages and abilities. Instructors are trained to accommodate the program for all levels and water depths. Pre-registration is recommended.

Mobility

Instructed class to maintain and increase joint mobility and range of motion. It is great for those with arthritis, fibromyalgia, mobility challenges or those who have had joint replacement. Preregistration is recommended.



Drop-in Swimming Schedule

Swim Schedule March 17 to May 25, 2025

Swims offered at the Annaleise Carr Aquatic Centre

- · Swim times are subject to change
- Recreational swim admission standards in effect, see page 10.
- Rates: Children & Seniors (65+) \$3.25, Adults \$5.50,
 Family \$12.50, please call 519-426-5870 or 226-NORFOLK,
 extension 2233# to book and receive the family swim pricing.
- Visit norfolkcounty.ca/Swimming for future swim schedules.

Book your swim in ENCORE

Or call 519-426-5870 or 226-NORFOLK ext. 2233#

	Mondays	Tuesdays	Wednesdays	Thursdays	Fridays	Saturdays	Sundays
Aquafit	9:30- 10:15 a.m.	9:30- 10:15 a.m. 7:45- 8:30 p.m.	9:30- 10:15 a.m.	9:30- 10:15 a.m. 7:45- 8:30 p.m.	9:30- 10:15 a.m.	10:00- 10:45 a.m.	10:00- 10:45 a.m.
Lengths Swims	7:30- 8:30 a.m. 7:15- 8:15 p.m.	7:30- 8:30 a.m. 3:00- 4:00 p.m.	7:30- 8:30 a.m.	7:30- 8:30 a.m. *3:15- 4:15 p.m. *(3 lanes only)	7:30- 8:30 a.m. 4:30- 5:30 p.m.	9:00- 10:00 a.m.	9:00- 10:00 a.m.
Length & Leisure	12:15- 1:15 p.m. 3:15- 4:15 p.m.	12:00- 1:00 p.m.	-	12:00- 1:00 p.m.	12:15- 1:15 p.m.	-	-
Leisure Swims	8:30- 9:30 a.m.	8:30- 9:30 a.m.	8:30- 9:30 a.m.	8:30- 9:30 a.m.	8:30- 9:30 a.m. 3:30- 4:30 p.m.	-	-
Public Swims	-	-	1:30- 2:30 p.m. 7:15- 8:15 p.m.	-	April 11 only - P.A. Day 11:15 a.m. -12:15 p.m. 7:30- 8:30 p.m.	5:00- 6:00 p.m.	2:15- 3:15 p.m.
Family (F) / Preschool (PS) Swims	-	-	-	-	10:15- 11:15 a.m. (PS)	4:00- 5:00 p.m. (F)	-
Mobility (M) Therapy (T)	10:20- 11:05 a.m. (M)	-	11:45- 12:30 p.m. (M) 12:30- 1:30 p.m. (T)	Pool Closures/Cancellations Saturday, March 29 – Length 9-10 a.m. and Aquafit 10-10:45 a.m. Cancelled Friday, April 18 – Good Friday Monday, April 21 – Easter Monday Monday, May 19 - Victoria Day			m. and d ay

Become a Lifeguard

Lifeguards are trained to prevent accidents, spot potential risks, and intervene before situations become life-threatening. They educate the public about how to be water smart during aquatic activities.

We're hiring lifeguards and instructors!

Join a dynamic team of lifeguards and
develop your skills while ensuring the safety of
swimmers. Visit NorfolkCounty.ca/Jobs to learn
more and apply today!

Pathway to Lifeguard



Pathway to Swimming Instructor

Rookie/Ranger/Star Patrol (Optional)

Bronze Star and Emergency First Aid (Optional)

Prerequisite: Recommended Star Patrol, 100% attendance highly recommended

Bronze Medallion and Emergency First Aid

Prerequisite: 13 years of age or Bronze Star, 100% attendance highly recommended

Bronze Cross and Standard First Aid

Prerequisite: Bronze Medallion & Emergency First Aid, 100% attendance highly recommended

National Lifeguard

Prerequisite: 15 years of age, Bronze Cross and Standard First Aid, 100% attendance required

Emerging Aquatic Leaders and Lifesaving Assistant Instructor

Prerequisite: 14 years of age & Bronze Cross, 100% attendance required

Swim Instructor

Prerequisite: 15 years of age and Bronze Cross, 100% attendance required

Lifesaving Instructor

Prerequisite: 15 years of age and Bronze Cross, 100% attendance required

Advanced Leadership

All registration fees include cost of materials plus taxes

Bronze Star and Basic First Aid

Bronze Star is excellent preparation for success in Bronze Medallion and provides a fun introduction to lifesaving sport. Prerequisite: Recommended Lifesaving Society Star Patrol.

Simcoe Recreation Centre

- Saturdays, March 20 to May 24
- 1:30 to 3:00 p.m.
- \$113.00

Bronze Medallion and Emergency First Aid

Bronze Medallion is a prerequisite for assistant lifeguard training in Bronze Cross.

Prerequisites: Minimum 13 years of age or Bronze Star certification (need not be current).

Simcoe Recreation Centre

- Wednesday, March 19
- 4:45 to 9:00 p.m. AND
- Sundays, March 23 to April 27 (excluding April 20)
- 2:00 to 6:30 p.m.
- \$219.97

Bronze Cross and Standard First Aid

Bronze Cross is a prerequisite for the Society's National Lifeguard and leadership certification programs. **Prerequisite:** Bronze Medallion.

Simcoe Recreation Centre

- Sundays, May 4 to June 1
- 1:30 to 6:45 p.m.
- Wednesdays, May 7, 14, and 21
- 5:00 to 9:00 p.m.
- \$229.13

Emerging Aquatic Leaders



and Assistant Instructor

This program will prepare candidates to volunteer with our swim lesson program and obtain their Lifesaving Assistant Instructor award. This course will be an asset for those who intend to pursue employment on the aquatics team as an Assistant Instructor Guard.

Simcoe Recreation Centre

- Saturdays, April 26 and May 3
- Wednesday, April 30
- 8:30 a.m. to 4:30 p.m.

Junior Lifeguard Club March Break Camp

Participants will work to develop and improve swimming and other aquatic skills. Campers will shadow a lifeguard and can earn recognition seals for their achievements.

Prerequisite: Participants must be able to meet the Lifesaving Society's Swim To Survive Standard, e.g., roll into deep water, tread water for one minute and swim at least 50 metres.

Simcoe Recreation Centre

- Monday to Friday
- March 10 to 14
- 8:30 a.m. to 4:30 p.m., early drop off of 8:00 a.m. available
- \$229.13

National Lifeguard and Standard First Aid

Course will run in August, watch for details.

Swim Instructors and Lifesaving Instructors

The Lifesaving Instructor course prepares instructors to teach the Lifesaving Society's Canadian Swim Patrol Program, Bronze Star, Bronze Medallion, Bronze Cross, Lifesaving Fitness (Distinction), Basic and Emergency First Aid, and CPR-A, CPR-B and CPR-C.

The Lifesaving Society Swim Instructor prepares the instructor to teach and evaluate the Lifesaving Society Swim for Life program.

Prerequisites: 15 years of age by the end of the course; Bronze Cross certification (need not be current).

Simcoe Recreation Centre

- Saturday, March 8,
- 9:00 a.m. to 4:15 p.m.
- Monday to Friday,
- March 10 to 14
- 1:45 to 9:30 p.m.
- \$324.02



Swimming lessons provide lifesaving skills as well as physical benefits. Norfolk County's Recreation team offers a wide range of swimming programs, including advanced leadership.

Norfolk Parent & Tot program

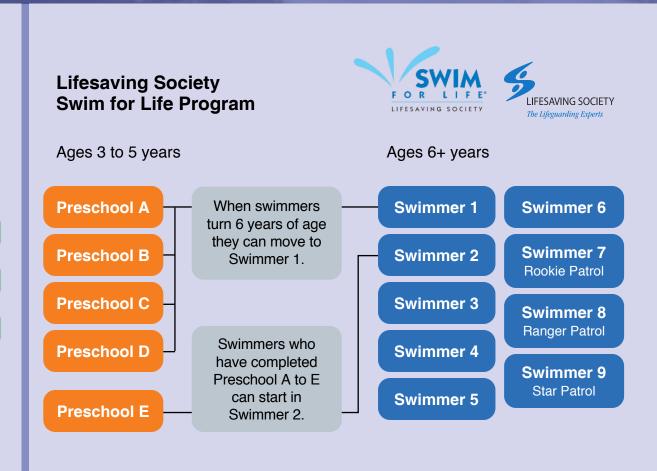
Ages 4 months to 5 years

Squirts A/B

Squirts C

Squirts D





Private: Preschool Any Level and Swimmer 1

- 3 years+, Preschool any level or Swimmer 1
- Designed for children or adults who need individual attention.

Private: Preschool D/E and Swimmer 1 - 4

- 3 years+, Preschool D/E, or Swimmer 1
- Designed for children or adults who need individual attention.

Private: Swimmer 3 or Higher

- Ages 6+, Swimmer 3 or Higher
- Designed for children or adults who need individual attention.

Squirts A/B

- · 4 months to 24 months
- Parent and child, develop water-positive attitudes and skills.

Squirts B/C

- 18 months 3 years
- Between parent and child, develop water-positive attitudes and skills.

Squirts D

- 2 5 years
- Parents are in the water for first 5 weeks and observe from viewing area for remaining weeks
- Prepares swimmers for unparented preschool levels

Preschool A

- 3 5 years
- Swimmers will learn to float on their front and back on their own

Preschool B

- 3 5 years
- Swimmers will learn to jump into the water and glide with minimal assistance

Preschool C

- 3 5 years
- Swimmers will learn side glide and practice front swim

Preschool D

- 3 5 years
- Swimmers will master a short swim on their front and back

Preschool E

- 3 to 5 years
- Swimmers will work on front and back crawl swims for 5 m, interval training and get a giggle out of whip kick.

Swimmer 1

- 6+ years
- Swimmers will become comfortable in the water and practice jumps, glides, and floats

Swimmer 2

- 6+ years
- Swimmers will focus on swimming 10m on their front and back and practice surface support

Swimmer 3

- 6+ years
- Swimmers will work on front and back crawl and learn dives

Swimmer 4

- 6+ years
- Swimmers work on completing a length of front crawl, back crawl, and whip kick

Swimmer 5

- 6+ years
- Swimmers will work on front and back crawl technique and egg beater

Swimmer 6

- 6+ years
- Swimmers will be taught advanced techniques and swim a 300m workout

Swimmer 7 (Rookie Patrol)

- 6+ years
- Swimmers will have fun learning lifesaving and first aid in an aquatic environment

Swimmer 8 (Ranger Patrol)

- 6+ years
- Swimmers will practice rescue skills and work on object support and medley swim

Swimmer 9 (Star Patrol)

6+ years

Swimmers will work on refining technique at longer distances and build their first aid and lifesaving skills

Adult and Teen lessons

Scared Stiff and beginner swimmers.

- Sundays, April 13 to May 25
- 8:00 to 8:45 a.m.

Adult and teen advanced

- Sundays, June 1 to 29
- 8:00 to 8:45 a.m.

Course Name	Days	Start Date	End Date	Time
Preschool A	Tuesday	March 18	May 20	4:30 - 5:00 p.m.
	Tuesday	March 18	May 20	6:30 - 7:00 p.m.
	Wednesday	March 19	May 21	5:00 - 5:30 p.m.
	Thursday	March 20	May 22	5:30 - 6:00 p.m.
	Saturday	March 22	May 24	12:30 - 1:00 p.m.
	Saturday	March 22	May 24	1:00 - 1:30 p.m.
	Sunday	March 23	May 25	12:00 - 12:30 p.m.
Preschool A/B	Wednesday	March 19	May 21	4:00 - 4:30 p.m.
	Thursday	March 20	May 22	4:30 - 5:00 p.m.
	Sunday	March 23	May 25	1:00 - 1:30 p.m.
	Tuesday and Thursday	May 27	June 19	5:00 - 5:30 p.m.
	Tuesday and Thursday	May 27	June 19	5:15 - 5:45 p.m.
	Tuesday and Thursday	May 27	June 19	6:00 - 6:30 p.m.
Preschool B	Tuesday	March 18	May 20	5:00 - 5:30 p.m.
	Tuesday	March 18	May 20	6:15 - 6:45 p.m.
	Wednesday	March 19	May 21	5:00 - 5:30 p.m.
	Thursday	March 20	May 22	5:00 - 5:30 p.m.
	Saturday	March 22	May 24	12:30 - 1:00 p.m.
	Saturday	March 22	May 24	1:30 - 2:00 p.m.
	Sunday	March 23	May 25	12:30 - 1:00 p.m.
Preschool C	Tuesday	March 18	May 20	4:30 - 5:00 p.m.
	Tuesday	March 18	May 20	5:45 - 6:15 p.m.
	Wednesday	March 19	May 21	4:00 - 4:30 p.m.
	Thursday	March 20	May 22	6:00 - 6:30 p.m.
	Saturday	March 22	May 24	12:00 - 12:30 p.m.
	Saturday	March 22	May 24	2:00 - 2:30 p.m.
	Sunday	March 23	May 25	12:00 - 12:30 p.m.
	Tuesday and Thursday	May 27	June 19	5:30 - 6:00 p.m.
Preschool D/E	Tuesday	March 18	May 20	5:00 - 5:30 p.m.
	Wednesday	March 19	May 21	4:30 - 5:00 p.m.
	Thursday	March 20	May 22	5:00 - 5:30 p.m.
	Thursday	March 20	May 22	5:30 - 6:00 p.m.
	Saturday	March 22	May 24	2:00 - 2:30 p.m.
	Sunday	March 23	May 25	1:00 - 1:30 p.m.
	Tuesday and Thursday	May 27	June 19	4:15 - 4:45 p.m.



Course Name	Days	Start Date	End Date	Time
Private:	Tuesday	March 18	May 20	7:00 - 7:30 p.m.
Preschool A-E	Wednesday	March 19	May 21	4:30 - 5:00 p.m.
<u>& Swimmer 1</u>	Thursday	March 20	May 22	6:00 - 6:30 p.m.
	Saturday	March 22	May 24	1:00 - 1:30 p.m.
	Saturday	March 22	May 24	1:00 - 1:30 p.m.
	Sunday	March 23	May 25	1:15 - 1:45 p.m.
	Tuesday and Thursday	May 27	June 19	6:15 - 6:45 p.m.
Private:	Tuesday	March 18	May 20	6:00 - 6:30 p.m.
Preschool D/E	Wednesday	March 19	May 21	4:00 - 4:30 p.m.
& Swimmer 1-4	Wednesday	March 19	May 21	6:15 - 6:45 p.m.
	Wednesday	March 19	May 21	6:30 - 7:00 p.m.
	Thursday	March 20	May 22	4:30 - 5:00 p.m.
	Saturday	March 22	May 24	1:45 - 2:15 p.m.
	Saturday	March 22	May 24	2:00 - 2:30 p.m.
	Sunday	March 23	May 25	1:30 - 2:00 p.m.
	Tuesday and Thursday	May 27	June 19	4:15 - 4:45 p.m.
	Tuesday and Thursday	May 27	June 19	4:30 - 5:00 p.m.
Private:	Tuesday	March 18	May 20	4:30 - 5:00 p.m.
Swimmer 3	Tuesday	March 18	May 20	5:45 - 6:15 p.m.
or Higher	Tuesday	March 18	May 20	7:00 - 7:30 p.m.
	Wednesday	March 19	May 21	4:00 - 4:30 p.m.
	Wednesday	March 19	May 21	5:45 - 6:15 p.m.
	Wednesday	March 19	May 21	5:45 - 6:15 p.m.
	Thursday	March 20	May 22	4:30 - 5:00 p.m.
	Thursday	March 20	May 22	5:00 - 5:30 p.m.
	Saturday	March 22	May 24	11:00 - 11:30 a.m.
	Saturday	March 22	May 24	11:00 - 11:30 a.m.
	Saturday	March 22	May 24	11:30 a.m 12:00 p.m.
	Saturday	March 22	May 24	11:45 a.m 12:15 p.m.
	Saturday	March 22	May 24	12:15 - 12:45 p.m.
	Sunday	March 23	May 25	11:15 - 11:45 a.m.
	Sunday	March 23	May 25	11:15 - 11:45 a.m.
	Tuesday and Thursday	May 27	June 19	6:15 - 6:45 p.m.

Course Name	Days	Start Date	End Date	Time
Squirts A/B	Tuesday	March 18	April 15	10:20 - 10:50 a.m.
	Wednesday	March 19	April 16	10:30 - 11:00 a.m.
	Wednesday	March 19	April 16	2:45 - 3:15 p.m.
	Wednesday	March 19	April 16	6:00 - 6:30 p.m.
	Thursday	March 20	April 17	10:20 - 10:50 a.m.
	Saturday	March 22	April 19	11:00 - 11:30 a.m.
	Sunday	March 23	April 20	11:00 - 11:30 a.m.
	Wednesday	April 23	May 21	10:30 - 11:00 a.m.
	Wednesday	April 23	May 21	2:45 - 3:15 p.m.
	Wednesday	April 23	May 21	6:00- 6:30 p.m.
	Saturday	April 26	May 24	11:00 - 11:30 a.m.
	Sunday	April 27	May 25	11:00 - 11:30 a.m.
	Tuesday	May 27	June 17	10:20 - 10:50 a.m.
	Tuesday	May 27	June 17	3:30 - 4:00 p.m.
	Wednesday	May 28	June 18	10:30 - 11:00 a.m.
	Thursday	May 29	June 19	10:20 - 10:50 a.m.
Squirts B/C	Wednesday	March 19	April 16	11:00 - 11:30 a.m.
	Wednesday	March 19	April 16	3:15 - 3:45 p.m.
	Wednesday	March 19	April 16	6:30 - 7:00 p.m.
	Saturday	March 22	April 19	11:30 a.m 12:00 p.m.
	Sunday	March 23	April 20	11:30 a.m 12:00 p.m.
	Tuesday	April 22	May 20	10:20 - 10:50 a.m.
	Wednesday	April 23	May 21	11:00 - 11:30 a.m.
	Wednesday	April 23	May 21	3:15 - 3:45 p.m.
	Wednesday	April 23	May 21	6:30 - 7:00 p.m.
	Thursday	April 24	May 22	10:20 - 10:50 a.m.
	Saturday	April 26	May 24	11:30 a.m 12:00 p.m.
	Sunday	April 27	May 25	11:30 a.m 12:00 p.m.
	Wednesday	May 28	June 18	11:00 - 11:30 a.m.
Squirts D	Tuesday	March 18	May 20	5:00 - 5:30 p.m.
	Tuesday	March 18	May 20	6:45 - 7:15 p.m.
	Wednesday	March 19	May 21	5:30 - 6:00 p.m.
	Thursday	March 20	May 22	4:30 - 5:00 p.m.
	Saturday	March 22	May 24	12:00 - 12:30 p.m.
	Saturday	March 22	May 24	1:30 - 2:00 p.m.
	Sunday	March 23	May 25	1:30 - 2:00 p.m.



Course Name	Days	Start Date	End Date	Time
Squirts D	Sunday	March 23	May 25	12:45 - 1:15 p.m.
	Tuesday and Thursday	May 27	June 19	4:45 - 5:15 p.m.
	Tuesday and Thursday	May 27	June 19	5:45 - 6:15 p.m.
Swimmer 1	Tuesday	March 18	May 20	5:30 - 6:00 p.m.
	Tuesday	March 18	May 20	6:30 - 7:00 p.m.
	Wednesday	March 19	May 21	4:30 - 5:00 p.m.
	Wednesday	March 19	May 21	6:00 - 6:30 p.m.
	Thursday	March 20	May 22	6:00 - 6:30 p.m.
	Saturday	March 22	May 24	12:00 - 12:30 p.m.
	Saturday	March 22	May 24	1:30 - 2:00 p.m.
	Sunday	March 23	May 25	12:00 - 12:30 p.m.
	Tuesday and Thursday	May 27	June 19	4:45 - 5:15 p.m.
Swimmer 1/2	Thursday	March 20	May 22	5:00 - 5:30 p.m.
	Saturday	March 22	May 24	1:00 - 1:30 p.m.
	Tuesday and Thursday	May 27	June 19	6:15 - 6:45 p.m.
Swimmer 2	Tuesday	March 18	May 20	4:30 - 5:00 p.m.
	Tuesday	March 18	May 20	7:00 - 7:30 p.m.
	Wednesday	March 19	May 21	5:00 - 5:30 p.m.
	Wednesday	March 19	May 21	5:30 - 6:00 p.m.
	Thursday	March 20	May 22	5:30 - 6:00 p.m.
	Saturday	March 22	May 24	12:30 - 01:00 p.m.
	Sunday	March 23	May 25	12:30 - 01:00 p.m.
	Tuesday and Thursday	May 27	June 19	5:30 - 6:00 p.m.
Swimmer 3	Tuesday	March 18	May 20	5:00 - 5:45 p.m.
	Tuesday	March 18	May 20	6:15 - 7:00 p.m.
	Wednesday	March 19	May 21	4:30 - 5:15 p.m.
	Wednesday	March 19	May 21	6:15 - 7:00 p.m.
	Thursday	March 20	May 22	5:30 - 6:15 p.m.
	Saturday	March 22	May 24	11:00 - 11:45 a.m.
	Sunday	March 23	May 25	11:00 - 11:45 a.m.
	Sunday	March 23	May 25	1:15 - 2:00 p.m.
	Tuesday and Thursday	May 27	June 19	4:30 - 5:15 p.m.

Course Name	Days	Start Date	End Date	Time
Swimmer 4/5	Tuesday	March 18	May 20	5:45 - 6:30 p.m.
	Wednesday	March 19	May 21	4:00 - 4:45 p.m.
	Wednesday	March 19	May 21	6:15 - 7:00 p.m.
	Thursday	March 20	May 22	4:30 - 5:15 p.m.
	Saturday	March 22	May 24	11:30 a.m 12:15 p.m.
	Saturday	March 22	May 24	12:45 - 1:30 p.m.
	Sunday	March 23	May 25	11:45 a.m 12:30 p.m.
	Tuesday and Thursday	May 27	June 19	5:30 - 6:15 p.m.
Swimmer 6/7	Tuesday	March 18	May 20	4:30 - 5:30 p.m.
	Wednesday	March 19	May 21	4:45 - 5:45 p.m.
	Thursday	March 20	May 22	5:30 - 6:30 p.m.
	Saturday	March 22	May 24	1:30 - 2:30 p.m.
	Sunday	March 23	May 25	12:45 - 1:45 p.m.
	Tuesday and Thursday	May 27	June 19	4:30 - 5:30 p.m.
Swimmer 8/9	Tuesday	March 18	May 20	6:30 - 7:30 p.m.
	Sunday	March 23	May 25	11:45 a.m 12:45 p.m.
	Tuesday and Thursday	May 27	June 19	5:30 - 6:30 p.m.
Adult and Teen Beginner	Sundays	April 13	May 25	8:00 - 8:45 a.m.
Adult and Teen Advanced	Sundays	June 1	June 29	8:00 - 8:45 a.m.



Book your child's swimming birthday party

Let's throw a party! Our staff will take care of all the details to make your child's birthday party one to remember. To book your party, visit <u>ENCORE</u> or call 519-426-5870 or 226-NORFOLK, extension 2233#.

All <u>underlined</u> text links to more information! -



Get the latest waste collection info sent right to your mobile device!

Download the Recycle Coach app for access to:

- Personalized collection calendar
- Pick-up reminders
- What Goes Where material look-up tool
- Drop-off locations and local waste events

Download the Recycle Coach App at the Google Play or App store.





Ride Norfolk is making it easier to get around Norfolk County

Book up to 7 days in advance!

Request your ride between any Norfolk County bus stop or on the fixed Brantford line. To get started, download the Blaise Transit App and visit NorfolkCounty.ca/RideNorfolkApp for step-by-step instructions. Or, book online at ride.blaisetransit.com or over the phone by calling Ride Norfolk Customer Service at 1-888-465-0783.

Learn more at

NorfolkCounty.ca/Transit







3 ways to reach Norfolk County Customer Service:



Phone:

Call 519-426-5870 or 226-NORFOLK, extension 0



Online:

Email <u>askus@norfolkcounty.ca</u> or submit a request online at service.NorfolkCounty.ca



In-person:

From 8:30 a.m. to 4:30 p.m. at the

Delhi Administration Building

on Tuesdays, Wednesdays and Thursdays, and at the

County Administration Building

in Simcoe, Monday to Friday.

ServiceNorfolk: Connecting you to Norfolk County services

BEALIBRARY HERO WITH



Play, create, and connect MORE with six days of super fun! Enjoy March Break at Your Library!

Discover new adventure and enjoy activities inspired by our superhero theme! We have Storytimes, Crafts, a Teen Art Project, LEGO Club, Science Saturday, and the Library Hero Academy, so don't miss out on the super fun happening at Your Library! Visit ncpl.ca or scan the QR code to get the full guide to The Library Super Six: March Break edition!







Norfolk County Heritage & Culture supports, encourages and promotes heritage and culture with our amazing programs for all members of the community.



Delhi Tobacco Museum & Heritage Centre • Norfolk County Archives Port Dover Harbour Museum • Waterford Heritage & Agricultural Museum

Be the first to know about new programs and exhibits by following us on



Facebook @NorfolkCountyHeritageCulture



X @NorfolkCulture



Instagram @norfolk_heritage



Download the 2025 Norfolk County Heritage & Culture Events, Exhibitions, Programs Guide at norfolkheritage.ca

Get active, get involved!

Norfolk County Recreation offers many ways residents can get active, with programs and activities for all ages.

Flip through this guide to learn more, or visit our website at NorfolkCounty.ca/Rec and follow us on Facebook and X (formerly Twitter) @NorfolkRecreation.



Pre-register

Many programs require pre-registration to save your spot. Register online using <u>ENCORE</u> at <u>NorfolkCounty.ca/ENCORE</u>, over the phone, or in person.



Drop-in

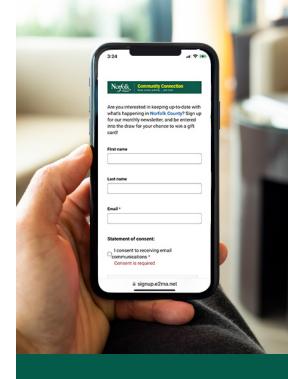
Drop-in activities allow you to drop-in at the date, time and location listed. Pre-registration is not required but is recommended to reserve your spot. Register online using ENCORE at NorfolkCounty.ca/ENCORE, or register over the phone or in person.



Save money: Become a member or purchase a pass

Consider purchasing one of our recreation passes and save money on each drop-in activity or class you attend. Learn more at NorfolkCounty.ca/Rec.





Get the latest Norfolk County news sent right to your inbox!

Subscribe to Norfolk's online newsletter for a chance to WIN!

Sign up for Norfolk County's monthly newsletter and get updates delivered to your email inbox. All subscribers will be entered for a chance to win a gift certificate.



Scan the QR code to sign up now

Learn more at NorfolkCounty.ca/Newsletter

