

## January 2025 Norfolk Pinery Activities: Alex & Lynsey

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise Calendar Posted on Home Area	One-to-One visits daily when Recreation Staff here		1	2 Donna's Day 10 Year in Review 2 Bat the Balloon	3 Donna's Day 10 Coffee Social 2 One-to-One Visits	4
5 9:30 Hymn Sing with Pam	6	7 2 Sing-a-Long with Lynsey in PH	8 10 Art 2 One-to-One Visits with Alex	9 9:30 Resident's Council 2 Bingo with Lynsey	10 2 Trivia with Lynsey	11 8 Breakfast Program 1:30 Active Games
12 10 Hymn Sing 2 One-to-One Visits	13 10 Colouring with Lynsey 2 Bingo in PH with Lynsey	14 1:30-3 Tuck Shop Visits with Lynsey	15 10 Name 10 Things with Lynsey	16 10 Coffee Social with Lynsey 10:30 Catholic Mass	17 9:30 Sensory Room Visits in Spruce Court 2 Music with Angela	18
19	20 10 Nail Care 2 Birthday Party	21 2 Program with Alex 6 Table Games	22 2 Bingo with Lynsey	23 9 Sing-a-Long with Lynsey	24	25 8 Breakfast Program 10:15 Word Games 1:30 Program with Alex
26 10 Hymn Sing 2 Colouring	27 2 Bingo with Lynsey	28 10 Crown & Anchor with Lynsey 2 Baptist Service	29 9:30 Country Drive 2 Sensory Room in Spruce Court	30	31 10 Coffee Social with PH 2 Calendar Visits	

<http://www.norfolkcounty.ca/living/health-and-social-services/norview-lodge/programs>

Programs are subject to change.