

Norview News

September 2024

Celebration of Life

We will be hosting our annual Celebration of Life on Thursday, September 19th at 2:00pm in the Center Courtyard. Please join us, as we will be remembering those Residents who passed away from August 2023 – August 2024. We have all felt the sadness and grief of their losses but we hope to use this day to celebrate the wonderful lives they have lived.

Family Council

Family Council will be meeting on Thursday, September 5th at 1:00 pm in the Boardroom. After the meeting, education by Madison Brown from the Alzheimer Society will be taking place.

Family Education Series

We are excited to kick off our Family Education Series! We will be hosting this every second Wednesday at 5:00 pm in the Gathering Place to have education provided by either the Alzheimer Society or Senior Support Services. Information will be shared in the newsletter as well as posted in the Great Room.

For this month on Wednesday, September 11th at 5:00 pm, please join us as Julie Coulson from Senior Support Services discusses grief and bereavement.

Remembering Darlene Rice: A Tribute

It is with great sadness that Norview Lodge announces the unexpected passing of our friend and colleague Darlene Rice.

Darlene was employed with Norfolk County for over 18 years. Darlene began her career at Norview Lodge in the Dietary Department and then transitioned into the Nursing Department as a Personal Support Worker. Darlene was a valued employee who was respected by the Residents, families and staff.

Darlene found great joy in time with her family and loved her role as a Grandma. One of Darlene's other passions was caring for and rescuing dogs.

Darlene will be missed by the entire Norview Lodge family.



Welcome

Diana D.
Doreen F.
John K.
Betty M.
John S.
Joe T.
Carol T.
Jack Y.



Happy Birthday

Shirley B.
Louise B.
Barb G.
Margaret H.
Johanna H.
Lillian L.
David M.
Kay M.
Larry N.
Margaret P.
Tody R.
Julie S.
Henriette W.
Stephen W.



In Memoriam

Alice C.
Georgina F.
Elaine G.
Marion S.

Fondly remembering our friend and
colleague Darlene Rice



Cold & Flu Season

With the upcoming cold and flu season, there are ways to protect yourself and others from respiratory viruses this season:

- Respiratory viruses spread primarily at short range via respiratory particles through inhalation or contact with the eyes, nose and mouth (i.e., mucous membranes).
- Transmission can also occur over longer distances by respiratory particles under some circumstances. For example, the risk is higher in crowded indoor spaces with poor ventilation.
- Respiratory particles can also land on surfaces or objects. They can then contaminate your hands and then your hands transfer viruses to your eyes, nose and mouth.
- Clean your hands frequently with alcohol-based hand sanitizer or soap and water.
- Cover your coughs and sneezes with a tissue or your sleeve. Dispose of the tissue and clean your hands.
- Ensure your ventilation system is in good working order. If you do not have a ventilation system, open windows to increase fresh airflow, if possible.
- When possible, reduce time spent in indoor crowded spaces, especially if poorly ventilated.
- Stay home when you are sick. For example, if you have a fever, new or increased cough, or vomiting and/or diarrhea.
- Remember to get all vaccines that are recommended based on your age and health status, which may include vaccines for influenza, COVID-19 and respiratory syncytial virus (RSV)

Programs for September

Welcome to September and the sights and smells of harvest season around Norfolk County!

This month, the program department would like to highlight a special interest program called Postcards from the Past. Karen Lindsay from the Historical Society in Waterford collects old post cards from Norfolk County showcasing various towns, beaches, landmarks and buildings and will present them in a slideshow.

It is a popular program among Residents where they get to learn about the history behind well-known buildings and locations around Norfolk, such as, Port Dover, famously known for the old dance halls, Waterford, Turkey Point, Long Point, Port Rowan and more.

It also sparks memories for Residents and inspires them to remember growing up in Norfolk. It is an opportunity for them to tell stories and connect with others.

Coming off a summer break, this program will be offered through the winter starting Tuesday, September 24th at 2:00 pm in the Gathering Place. If interested, please contact any Recreation Therapist and note that space is limited.